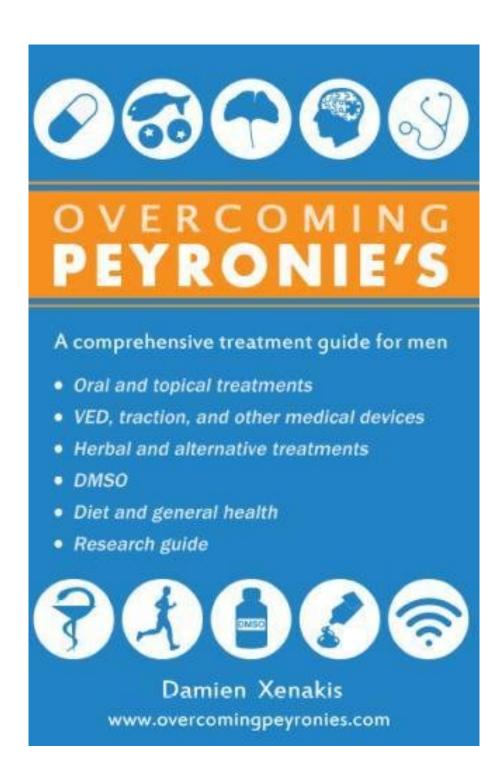


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Overcoming Peyronie's is a treatment guide for men suffering from Peyronie's. The book includes a comprehensive list and evaluation of Peyronie's treatments, including conventional "Western" medicine as well as natural and alternative therapies. These include Oral treatments (pentoxifylline, vitamin E, colchicine, tamoxifen, potoba, acetyl-L-carnitine, gotu kola, bromelain, gingko biloba, aloe vera, omega 3, digestive enzymes, vitamin C), topical treatments (gels and ointments), medical devices (VED, traction devices, EMDA/ESWT, others), injection therapy, DMSO. There is a section on how to set up your own recovery program with your doctor's support. This includes a discussion of several of the leading Peyronie's physicians, their approaches to treatment, and contact information. There is a Resources and Research guide to enable you to stay up-to-date on treatments, with a review of books and web sites on Peyronie's. Includes a special section devoted to DMSO, one of the most talked about (and perhaps the most controversial) Peyronie's treatments. Today, Peyronie's is commonly treated with a limited set of therapies, and when these do not suffice, penile injections or surgery—in severe cases—are typically the next steps by default. Overcoming Peyronie's focuses on treating the illness before it gets to the severe stage, and on leveraging the full range of treatment options, so that you can take an active role in your recovery.

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Most helpful customer reviews

6 of 6 people found the following review helpful. An excellent resource for those with Peyronie's

By Paul Abramson, MD

As a primary care physician, I have treated many patients with Peyronie's disease over the years. Since little is known about its cause, and there are few conventional treatments with good data on effectiveness, people suffering with Peyronie's are often left adrift without a clear plan, even after seeing urologic specialists. Many investigate alternative treatment options, but find it difficult to decide what to believe and how to choose among options. The internet is littered with information of varying quality, mixed in with marketing and hucksterism aimed a taking advantage of those desperate to find a cure.

Mr. Xenakis has done an amazing job of researching alternative and conventional treatment options for Peyronie's, and also laying out a systematic approach for people to take charge of their own process while navigating the wide array of information out there. He cuts to the chase and lays out the results of his research and experience, without apparent conflicts of interest.

Rather than my starting by creating a customized treatment plan for each individual, which ends up being a

time-consuming and costly process, I now refer patients to "Overcoming Peyronie's" first. After they've had time to digest and investigate, I then help them pick and choose the best combination of research, experts and treatments for their particular situation. This has made my job as a physician much easier, and helped my patients feel more in control of what can be a very stressful condition.

I am indebted to the author for doing the necessary due diligence so that not everyone has to reinvent the wheel. This frees people up to focus on the uniqueness of their particular situation. I have gotten consistently positive and grateful feedback from my patients.

Paul Abramson MD San Francisco, CA

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By W. A. Church
A good read. Learned a lot.

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